

Psalms 4, 6, 38, 41, 91; 143

Ps 4:0 *A Psalm of David.*

1 Answer me when I call, O God of my right!
You gave me room when I was in distress.
Be gracious to me, and hear my prayer.

Ps 4:2 How long, you people, shall my honour suffer shame?
How long will you love vain words, and seek after lies?
3 But know that the LORD has set apart the faithful for himself;
the LORD hears when I call to him.

Ps 4:4 When you are disturbed, do not sin;
ponder it on your beds, and be silent.
5 Offer right sacrifices,
and put your trust in the LORD.

Ps 4:6 There are many who say, "O that we might see some good!
Let the light of your face shine on us, O LORD!"
7 You have put gladness in my heart
more than when their grain and wine abound.

Ps 4:8 I will both lie down and sleep in peace;
for you alone, O LORD, make me lie down in safety.

Ps 6:0 *A Psalm of David.*

- 1 O LORD, do not rebuke me in your anger,
or discipline me in your wrath.
- 2 Be gracious to me, O LORD, for I am languishing;
O LORD, heal me, for my bones are shaking with terror.
- 3 My soul also is struck with terror,
while you, O LORD—how long?

Ps 6:4 Turn, O LORD, save my life;
deliver me for the sake of your steadfast love.

- 5 For in death there is no remembrance of you;
in Sheol who can give you praise?

- Ps 6:6** I am weary with my moaning;
every night I flood my bed with tears;
I drench my couch with my weeping.
- 7 My eyes waste away because of grief;
they grow weak because of all my foes.

Ps 6:8 Depart from me, all you workers of evil,
for the LORD has heard the sound of my weeping.

- 9 The LORD has heard my supplication;
the LORD accepts my prayer.
- 10 All my enemies shall be ashamed and struck with terror;
they shall turn back, and in a moment be put to shame.

Ps 38:0 *A Psalm of David, for the memorial offering.*

- 1 O LORD, do not rebuke me in your anger,
or discipline me in your wrath.
- 2 For your arrows have sunk into me,
and your hand has come down on me.

- Ps 38:3** There is no soundness in my flesh
because of your indignation;
there is no health in my bones
because of my sin.
- 4 For my iniquities have gone over my head;
they weigh like a burden too heavy for me.

- Ps 38:5** My wounds grow foul and fester
because of my foolishness;
- 6 I am utterly bowed down and prostrate;
all day long I go around mourning.
- 7 For my loins are filled with burning,
and there is no soundness in my flesh.
- 8 I am utterly spent and crushed;
I groan because of the tumult of my heart.

- Ps 38:9** O Lord, all my longing is known to you;
my sighing is not hidden from you.
- 10 My heart throbs, my strength fails me;
as for the light of my eyes—it also has gone from me.
- 11 My friends and companions stand aloof from my affliction,
and my neighbours stand far off.

- Ps 38:12** Those who seek my life lay their snares;
those who seek to hurt me speak of ruin,
and meditate treachery all day long.

- Ps 38:13** But I am like the deaf, I do not hear;
like the mute, who cannot speak.
- 14 Truly, I am like one who does not hear,
and in whose mouth is no retort.

- Ps 38:15** But it is for you, O LORD, that I wait;
it is you, O LORD my God, who will answer.
- 16 For I pray, "Only do not let them rejoice over me,
those who boast against me when my foot slips."

- Ps 38:17** For I am ready to fall,
and my pain is ever with me.

- 18 I confess my iniquity;
I am sorry for my sin.
- 19 Those who are my foes without cause are mighty,
and many are those who hate me wrongfully.
- 20 Those who render me evil for good
are my adversaries because I follow after good.

Ps 38:21 Do not forsake me, O LORD;
O my God, do not be far from me;

22 make haste to help me,
O Lord, my salvation.

Ps 41:0 *A Psalm of David.*

- 1 Happy are those who consider the poor;
the LORD delivers them in the day of trouble.
- 2 The LORD protects them and keeps them alive;
they are called happy in the land.
You do not give them up to the will of their enemies.
- 3 The LORD sustains them on their sickbed;
in their illness you heal all their infirmities.

Ps 41:4 As for me, I said, "O LORD, be gracious to me;
heal me, for I have sinned against you."

- 5 My enemies wonder in malice
when I will die, and my name perish.
- 6 And when they come to see me, they utter empty words,
while their hearts gather mischief;
when they go out, they tell it abroad.
- 7 All who hate me whisper together about me;
they imagine the worst for me.

Ps 41:8 They think that a deadly thing has fastened on me,
that I will not rise again from where I lie.

- 9 Even my bosom friend in whom I trusted,
who ate of my bread, has lifted the heel against me.
- 10 But you, O LORD, be gracious to me,
and raise me up, that I may repay them.

Ps 41:11 By this I know that you are pleased with me;
because my enemy has not triumphed over me.

- 12 But you have upheld me because of my integrity,
and set me in your presence forever.

Ps 41:13 Blessed be the LORD, the God of Israel,
from everlasting to everlasting.
Amen and Amen.

Ps 91:1 You who live in the shelter of the Most High,
who abide in the shadow of the Almighty,
2 will say to the LORD, "My refuge and my fortress;
my God, in whom I trust."
3 For he will deliver you from the snare of the fowler
and from the deadly pestilence;
4 he will cover you with his pinions,
and under his wings you will find refuge;
his faithfulness is a shield and buckler.
5 You will not fear the terror of the night,
or the arrow that flies by day,
6 or the pestilence that stalks in darkness,
or the destruction that wastes at noonday.

Ps 91:7 A thousand may fall at your side,
ten thousand at your right hand,
but it will not come near you.
8 You will only look with your eyes
and see the punishment of the wicked.

Ps 91:9 Because you have made the LORD your refuge,
the Most High your dwelling place,
10 no evil shall befall you,
no scourge come near your tent.

Ps 91:11 For he will command his angels concerning you
to guard you in all your ways.
12 On their hands they will bear you up,
so that you will not dash your foot against a stone.
13 You will tread on the lion and the adder,
the young lion and the serpent you will trample under foot.

Ps 91:14 Those who love me, I will deliver;
I will protect those who know my name.
15 When they call to me, I will answer them;
I will be with them in trouble,
I will rescue them and honour them.
16 With long life I will satisfy them,
and show them my salvation.

Ps 143:0 *A Psalm of David.*

- 1 Hear my prayer, O LORD;
give ear to my supplications in your faithfulness;
answer me in your righteousness.
- 2 Do not enter into judgment with your servant,
for no one living is righteous before you.

Ps 143:3 For the enemy has pursued me,
crushing my life to the ground,
making me sit in darkness like those long dead.

- 4 Therefore my spirit faints within me;
my heart within me is appalled.

Ps 143:5 I remember the days of old,
I think about all your deeds,
I meditate on the works of your hands.

- 6 I stretch out my hands to you;
my soul thirsts for you like a parched land.

Ps 143:7 Answer me quickly, O LORD;
my spirit fails.
Do not hide your face from me,
or I shall be like those who go down to the Pit.

- 8 Let me hear of your steadfast love in the morning,
for in you I put my trust.
Teach me the way I should go,
for to you I lift up my soul.

Ps 143:9 Save me, O LORD, from my enemies;
I have fled to you for refuge.

- 10 Teach me to do your will,
for you are my God.
Let your good spirit lead me
on a level path.

Ps 143:11 For your name's sake, O LORD, preserve my life.
In your righteousness bring me out of trouble.

- 12 In your steadfast love cut off my enemies,
and destroy all my adversaries,
for I am your servant.